

觀音七每日時間表

Guanyin Session Daily Schedule

3/20 – 3/26/2022

3/20 - 3/21 週日, 週一(Sun & Mon)	7:00-8:00am	普門品	Universal Door Chapter
	8:00-8:30am	繞念	Circumambulation
	8:30-9:00am	坐念	Sitting Recitation
	9:00-9:20am	止靜	Meditation
	9:20am	普佛	Universal Bowing
3/22 - 3/26 週二至週六 (Tue-Sat)	7:00-8:00am	普門品	Universal Door Chapter
	8:00-8:20am	繞念	Circumambulation
	8:20-8:40am	坐念/回向	Sitting Recitation/Dedication
	9:00am	英文組普門品	Universal Door Chapter (English)
下午 Afternoon 3/20-3/26	1:00-2:00pm	普門品	Universal Door Chapter
	2:00-2:20pm	繞念	Circumambulation
	2:20-2:40pm	坐念	Sitting Recitation
	2:40-3:10pm	止靜	Meditation
	3:30pm	大回向及 往生堂回向	Great Transference & Rebirth Hall Transference